



## WISP Days in The Netherlands

### Practical information

Date: 3-4:th November 2018

Place: AAC '61 Oranjewoudbaan, Achterpad 1 in Assen, Netherlands

<https://aac61.sportlinkclubsites.nl/>

Event activities and lunch is free of charge.

We recommend following hotels, that you book and pay by yourselves:

Hotel Assen, [www.hotelassen.nl](http://www.hotelassen.nl)

City Hotel de Jonge, Best Western Hotels, [www.bestwestern.com](http://www.bestwestern.com)

We look forward to have your notification to participate latest 30:th

September . Please, send us following information:

- Name
- Role (Coach/Trainer/Athlete/Other)
- Club
- E-mail
- Phone No.
- Country
- Special diet needs

Please send it to

[pernilla.hanssen@psiwisp.com](mailto:pernilla.hanssen@psiwisp.com),

+46 736 388 751

[www.racerunningsweden.com](http://www.racerunningsweden.com)

[www.wisp.design](http://www.wisp.design)



WISP Lightning



## Run, RaceRunners, run!

Welcome to join us in our WISP Days in Assen, in The Netherlands

We are happy to invite You to our RaceRunning days in Assen at AAC'61:s Home running arena.

In two days, You will have the possibility to test and know more about our RaceRunners in aluminium. To meet Trainers and Coaches from other countries.

Successful summer. You will have the possibility to participate in a training session together with Wiktor, senior RaceRunner that this summer won two gold, three silver and one bronze medals on his WISP Lightning. The International Team WISP won together several medals during the big competitions in

Copenhagen, Barcelona and Berlin this year.

### Program

9-12 am **Presentation and Technical session.** Practical assembly and adjustment of the WISP RaceRunner.

12 am-1 pm **Lunch**

1-3 pm **Running session.** Testing WISP RaceRunner on the running track.

3-4 pm **Training tips.** Pernilla and Wiktor have a training session with the Team Coaches/Trainers.

16 pm- **Closing of the day.** Time for additional questions and possibility for You to buy your own RaceRunner and bring it with you home.

We are also happy to invite Representatives for the clubs to a meeting and dinner in the evening 3:th November, 8-10 pm. The aim is to discuss the future and development plans of RaceRunning at Your clubs and in Your countries. CPISRA will be represented by our host of the event, Mr. Harry Jan Keizer, member of the CPISRA International Committee RaceRunning.

We are looking forward in meeting You soon and to introduce WISP Lightning-The Next Generation RaceRunner.